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Are placement students better psychologically prepared for life and work?

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# Are placement students better psychologically prepared for life and work?



- Strategic overview: Strategy Map, T&L Strategy, School T&L Strategy. All courses 'work related elements'
- Teaching and Learning Institute that supports innovation projects [www.hud.ac.uk/tali](http://www.hud.ac.uk/tali)
- International Research project 5 partners led by University of Waterloo, Canada.
- Internal collaboration: Institute, Centre Applied Psychological Research, Careers and Employability Service, Students union.

# Measures of Success



- Project Initiated
- Comparative study placement vs non-placement, range 8 psychological factors.
- Successful survey with 1000 undergraduate students
- Initial findings: Placement students had sig higher: trait hope, agency, and lower test anxiety than non-placements. Less difference in study skills or procrastination.
- Dissemination: 5 presentations, one procedia, one journal article ready to submit.

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# General Principles



- Partnerships take time to develop
- Collaborations support researchers and practitioners.
- Next investigation: 'The more the Merrier' – initial findings show multiple placements help to prepare students for life and work.
- Help to design work integrated learning courses.
- Can consider models that support a wide range of learners.